



Owner's Manual



Electric Range

Models ARR6220

Keep instructions for future reference.
Be sure manual stays with range.

Contents

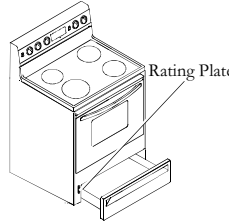
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Thank you for buying an Amana Range!

Please take the time to complete the registration card and return promptly. If registration card is missing, call Amana Consumer Affairs Department. When contacting Amana, provide product information from serial plate found on upper left hand corner of storage door opening:

Model Number _____
Manufacturing (P) Number _____
Serial Number (S/N) _____
Purchase Date _____
Dealer Name _____
Dealer Address _____
Dealer Phone _____



Keep this manual and your sales receipt together in a safe place for future reference or if warranty service is required.

For answers to questions or to locate an authorized servicer, call **1-800-NAT-LSVC (1-800-628-5782) inside USA or 319-622-5511 outside USA. Warranty service must be performed by an authorized servicer.** Amana Appliances also recommends contacting an authorized servicer if service is required after warranty expires.

Asure™ Extended Service Plan

Amana Appliances offers long-term service protection for this new range. Asure™ Extended Service Plan, covering functional parts, labor, and travel charges, is specially designed to supplement a strong warranty. Call 1-800-528-2682 for information.

Parts and Accessories

Purchase replacement parts and additional accessories by phone. To order accessories for your Amana product, call 1-800-843-0304 inside USA or 319-622-5511 outside USA.

Save Time and Money

If something seems unusual, please check "Troubleshooting" section, which is designed to help you solve problems before calling service. If you have a question, call us at **(800) 843-0304** or write us at:

Consumer Affairs Department
Amana Appliances
2800 - 220th Trail
Amana, Iowa 52204

Remember to include model number of your appliance and your phone number.

For more information on this and other Amana products, visit our Web site
www.amana.com
or
call Consumer Affairs Department at
1-800-843-0304

What You Need to Know about Safety Instructions

Warning and Important Safety Instructions appearing in this manual are not meant to cover all possible conditions and situations that may occur. Common sense, caution, and care must be exercised when installing, maintaining, or operating range.

Always contact your dealer, distributor, service agent, or manufacturer about problems or conditions you do not understand.

Recognize Safety Symbols, Words, Labels



DANGER

DANGER—Immediate hazards which **WILL** result in severe personal injury or death.



WARNING

WARNING—Hazards or unsafe practices which **COULD** result in severe personal injury or death.



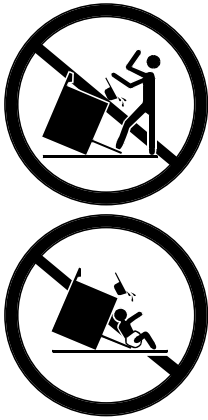
CAUTION

CAUTION—Hazards or unsafe practices which **COULD** result in minor personal injury or product or property damage.

IMPORTANT SAFETY INFORMATION

WARNING

To reduce the risk of the appliance tipping, it must be secured by a properly installed anti-tip bracket(s). To make sure bracket has been installed properly, remove the storage drawer or panel and look under the range with a flashlight. Bracket(s) must be engaged in the rear corner of the range.



- ALL RANGES CAN TIP
- INJURY TO PERSONS COULD RESULT
- INSTALL ANTI-TIP BRACKET(S) PACKED WITH RANGE
- SEE INSTALLATION INSTRUCTIONS

WARNING

To avoid personal injury, do not sit, stand or lean on oven door or oven drawer.

WARNING

To avoid risk of electrical shock, personal injury, or death, make sure your range has been properly grounded and always disconnect it from main power supply before servicing.

California Safe Drinking Water and Toxic Enforcement Act (Proposition 65)

The Governor of California is required to publish a list of substances known to the state of California to cause cancer or reproductive harm and requires businesses to warn customers of potential exposures to such substances.

Some appliances contain or produce a chemical or chemicals which can cause death or serious illness and which are known to the State of California to cause cancer, birth defects, or other reproductive harm. To reduce the risk from substances that may be released during the self-cleaning cycle, make sure this appliance is installed, operated, and maintained according to the manufacturer's instructions.

CAUTION

DO NOT TOUCH SURFACE UNITS OR AREAS NEAR UNITS—Surface units may be hot though they are dark in color. Areas near surface units may become hot enough to cause burns. During and after use, do not touch, or let clothing touch or other flammable materials contact surface units or areas near surface units until they have had enough time to cool. These areas include the rangetop and backguard.

CAUTION

DO NOT TOUCH HEATING ELEMENTS OR INTERIOR SURFACES OF OVEN—Oven heating elements may be hot though they are dark in color. Interior surfaces of an oven may become hot enough to cause burns. During and after use, do not touch, or let clothing or other flammable materials touch heating elements or interior surfaces of oven until they have had enough time to cool. Other range surfaces that may become hot enough to cause burns are the oven door, oven cavity, and oven vent.

SAVE THESE INSTRUCTIONS

IMPORTANT SAFETY INFORMATION (cont'd)

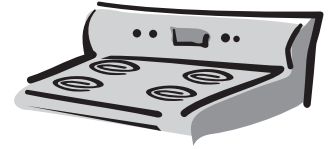
ALL APPLIANCES

1. Proper Installation—Be sure your appliance is properly installed and grounded by a qualified technician.
2. Never Use Your Appliance for Warming or Heating the Room.
3. Do Not Leave Children Alone—Children should not be alone or unattended in the area where the appliance is in use. They should never be allowed to sit or stand on any part of the appliance.
4. Wear Proper Apparel—Loose fitting or hanging garments should never be worn while using appliance.
5. User Servicing—Do not repair or replace any part of the appliance unless specifically recommended in the manual. All other servicing should be referred to a qualified technician.
6. Storage in or on Appliance—Flammable materials should not be stored in an oven or near surface units.
7. Do Not Use Water On Grease Fires—Smother fire or flame, or use dry chemical or foam-type extinguisher.
8. Use Only Dry Potholders—Moist or damp potholders on hot surfaces may result in burns from steam. Do not let potholder touch elements. Do not use a towel or other bulky cloth.



SURFACE COOKING UNITS

1. Use Proper Pan Size—This appliance is equipped with one or more surface units of different size. Select utensils having flat bottoms large enough to cover the surface unit heating element. The use of undersized utensils will expose a portion of the heating element to direct contact and may result in ignition of clothing. Use of oversized utensils concentrates heat on cooking surface and can cause damage to range. Proper relationship of utensil to burner improves efficiency.
2. Never Leave Surface Units Unattended—Boilover causes smoking and greasy spillovers that may ignite.
3. Glazed Cooking Utensils—Only certain types of glass, ceramic, earthenware, or other glazed utensils are suitable for rangetop service without breaking due to sudden change in temperature.
4. Utensil Handles Should Be Turned Inward and Not Extended Over Adjacent Surface Units—To reduce the risk of burns, ignition of flammable materials, and spillage due to unintentional contact with the utensil, the handle of a utensil should be positioned so that it is turned inward, and does not extend over adjacent surface units.
5. Do Not Soak Removable Heating Elements—Heating elements should never be immersed in water.

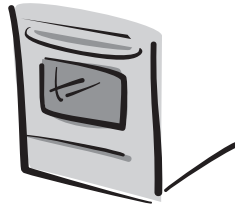


SAVE THESE INSTRUCTIONS

IMPORTANT SAFETY INFORMATION (cont'd)

OVENS

1. Use Care When Opening Door—Let hot air or steam escape before removing or replacing food.
2. Do Not Heat Unopened Food Containers—Build-up of pressure may cause container to burst and result in injury.
3. Keep Oven Vent Ducts Unobstructed.
4. Placement of Oven Racks—Always place oven racks in desired location while oven is cool. If rack is removed while oven is hot, do not let potholder contact hot heating element in oven.
5. Protective Liners—Do not use aluminum foil to line drip bowls, oven racks or oven bottoms. Improper installation of these liners may result in a risk of electrical shock, or fire.



SELF-CLEANING OVENS

1. Do Not Clean Door Gasket—The door gasket is essential for a good seal. Care should be taken not to rub, damage, or move the gasket.
2. Do Not Use Oven Cleaners—No commercial oven cleaner or oven liner protective coating of any kind should be used in or around any part of the liner.
3. Clean Only Parts Listed in Manual
4. Before Self-Cleaning the Oven—Remove broiler pan, oven racks, and other utensils.
5. Remove All Items From Rangetop and Backguard.

VENTILATION HOODS

1. Clean Ventilating Hoods Frequently—Grease should not be allowed to accumulate on hood or filter.
2. When flaming foods under the hood, turn the fan on.



CAUTION

- Do not store items of interest to children in cabinets above a range or on the backguard of a range—children climbing on the range to reach items could be seriously injured.

In Case of Fire

Fires can occur as a result of over cooking or excessive grease. Though a fire is unlikely, if one occurs, proceed as follows:



Surface Element Fire

1. Smother the fire with a nonflammable lid or baking soda, or use a Class ABC or BC extinguisher. Not water. Not salt. Not flour.
2. As soon as it is safe to do so, turn the surface controls to *OFF*. Turn off power at main circuit breaker or fuse box.

Oven Fires

1. If you see smoke from your oven, **do not open oven**.
2. Turn temperature knob to OFF position.
3. As an added precaution, turn off power at main circuit breaker or fuse box.
4. Turn on vent to remove smoke.
5. Allow food or grease to burn itself out in oven.
6. If smoke and fire persist, call fire department.
7. If there is any damage to components, call an authorized servicer before using range.



Precautions

- Do not cook food directly on rangetop surface, always use cookware.
- Do not mix household cleaning products. Chemical mixtures may interact with objectionable or even hazardous results.
- Do not put plastic items on warm cooking areas. They may melt and stick.
- Do not lift or move range by grasping oven door. This can result in window glass breaking or shattering.
- Oven door may contain a glass window. While this glass is built to be sturdy and resistant, it is glass and should be treated with care.
- Do not slide rough metal objects across rangetop surface. Scratching or metal marking can result.
- Do not leave fat heating unless you remain nearby. Fat can ignite if overheated by spilling onto hot surfaces.
- Do not allow pots to boil dry as this can cause damage to cooking surface and pan.
- Do not use rangetop surface as a cutting board.
- Do not use range for storage or as a display counter.

SAVE THESE INSTRUCTIONS

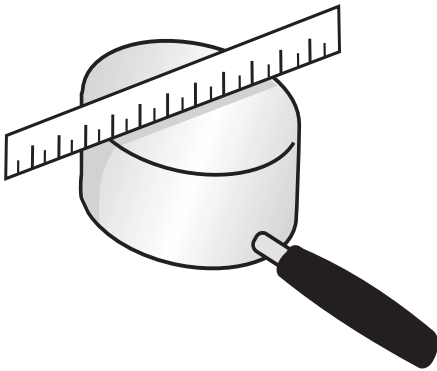
Cookware Recommendations

What Should You Consider in Cookware?

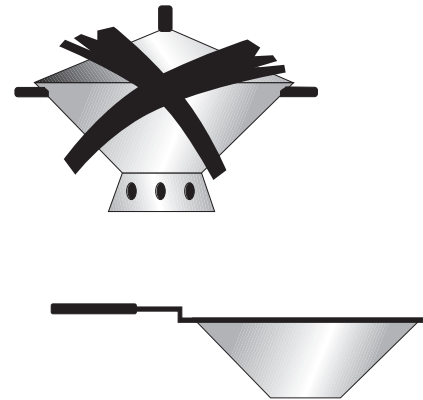
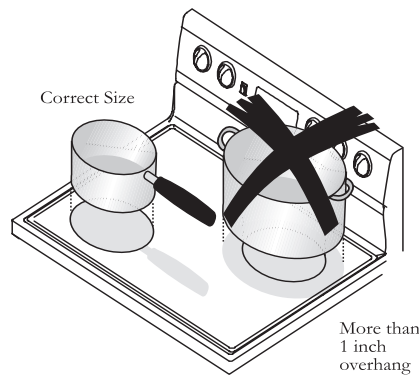
Flat Pan Test

For best cooking results, use a pan with a flat bottom. To determine if pan has a flat bottom.

1. Rotate a ruler along bottom of pan. If pan is not flat, gaps between bottom of pan and edge of ruler can be seen.
2. A small groove or mark on a pan does not affect cooking times. However, if a pan has a gap, formed rings, or an uneven bottom, it does not cook efficiently and in some cases may not boil liquid.



SELECT	AVOID
Flat bottomed cookware.	Cookware with rounded or warped bottoms.
Heavy gauge metal cookware.	Light gauge metal cookware.
Handles that are secure, that are not heavy enough to tilt pan.	Cookware with loose or broken handles.
Proper pan size.	Cookware that is smaller than or greater than heating element size by 1 inch.
Flat bottomed wok	Wok with a ringstand on bottom



Can I can?

Amana manufactures a special canning element that enables canning without causing damage to the range. It can be obtained through an Amana dealer or by calling (800) 843-0304.

In many types of ranges, the heat generated by the canning cookware overheats the element and can cause failure of the heating element and possible damage to the range top or backguard. This hazard can be reduced by using the canning element.

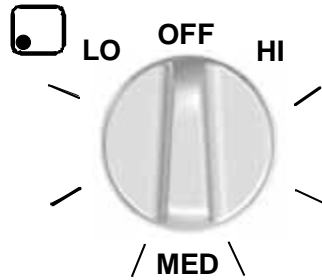
COOKWARE MATERIAL	USES
Aluminum	Heats and cools quickly. Use for frying, braising, and roasting.
Stainless Steel	Heats and cools at moderate rate. Use for soups, sauces, vegetables, general cooking.
Copper Clad / Tin Lined	Heats and cools quickly. Use for gourmet cooking, wine sauces, egg dishes.
Cast Iron	Heats and cools slowly. Use for low heat cooking, frying.
Enamelware	Heating speed depends on base metal in the cookware. Use for low heat cooking.
Ceramic (Glass)	Heats and cools slowly. Use for low heat cooking. Not recommended for smoothtop cooking.

Using the Range

Setting Surface Element Controls

Push and turn the surface element control knobs in either direction to turn on the surface elements. The controls have infinite settings between LO and HI for fine temperature control.

1. Push in and turn surface element control to desired setting.
2. When finished cooking, turn control to OFF position.



WARNING

To avoid risk of serious personal injury, property damage, or fire, do not leave surface elements unattended while in operation. Grease and spillovers can ignite causing a fire.

SURFACE ELEMENT CONTROL SETTINGS	WHEN TO USE SETTING
LO	Use to prepare food at less than boiling temperatures or to simmer.
MED	Use to maintain boiling of larger amounts of food, low temperature frying and to maintain correct pressure in a pressure cooker.
HI	Use to bring food to boiling temperatures. When food is boiling temperature setting should be reduced to LO through MED.

Indicator Lights

Each surface element is indicated by one main indicator light that glows when the element is turned on. When the surface control is turned off, the surface indicator light will shut off. Even though the indicator light is off, the element may still be hot.

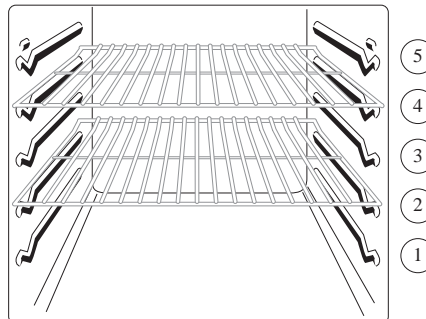
Oven Racks and Rack Positions

Your range has 5 oven rack positions to accommodate all type of cooking and cookware .

Oven Rack Placement

Position oven rack before turning oven on.

1. Pull rack forward to stop position.
2. Raise front edge of rack and pull until rack is out of oven.
3. Place rack in new rack position.
 - Curved edge of rack must be toward rear of oven.
 - Pull rack forward to verify rack stops.



Aluminum Foil

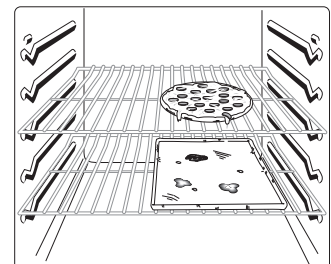
WARNING

To avoid risk of personal injury, property damage or fire, do not line oven bottom, racks, or broiler pan and grid with aluminum foil.

When placed on the oven bottom or racks, aluminum foil not only creates a hazard, but also affects cooking performance. To minimize spills in the oven, place a shallow pan or cookie sheet underneath food items that drip or spill.

RACK POSITION GUIDELINES

Rack Position	Food Type
1 and 2	For large cuts of meat such as roasts or turkeys. For baked foods such as frozen pies or angel food cakes.
3	For most baked foods on a cookie sheet or shallow pan.
4 and 5	For broiled or toasted foods.

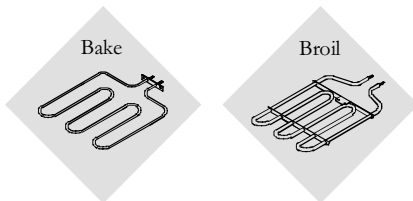


Features

Different Cooking, Different Elements

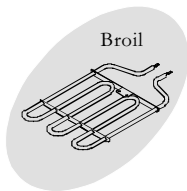
Bake

Broil (upper) and bake (lower) elements operate during bake. Broil element is only used to heat oven quickly and brown top of food. The bake setting can be used to cook foods which are normally baked or roasted. Oven should be preheated.



Broil

Upper element operates during broil. Broil can be used to cook foods which are normally grilled or seared. Preheating is not required when using broil. All foods should be turned at least once except fish, which does not need to be turned.



12-hour automatic cancel

This safety feature turns off the oven if it has been left on for over 12 hours. This feature can be turned on or off.

To allow operation for more than 12 hours:

- Turn oven temperature control knob to OFF.
- Press and hold MINS arrow pads for approximately 5 seconds.
- Display will change from time of day to **OFF**, and return to time of day.

To set oven to shut off after 12 hours:

- Turn oven temperature control knob to OFF.
- Press and hold MINS arrow pads for approximately 5 seconds.
- Display will change from time of day to **ON**, and return to time of day.



Oven temperature control adjustment

Your new range is calibrated at the factory for temperature. Due to individual variances and preferences, it may be necessary to adjust individual ovens once they have been installed.

When first using the oven, follow recipe times and temperatures. Before adjusting oven baking temperature, test a recipe by setting oven temperature higher or lower than the suggested temperature.

The baking results should help you to decide how much of a temperature adjustment is required.

An accurate digital thermometer is necessary to calibrate the oven. Store purchased oven thermometers do not accurately measure oven temperature. Oven temperature can be increased or decreased by 35°F. To avoid over adjusting the oven, only adjust the temperature by 5°F each time.

NOTE: Remove aluminum foil from racks and oven bottom as this will alter oven performance. Check for blocked heat vents. If it still appears the oven is not performing as expected, a calibration may be done.

1. Turn oven temperature knob to OFF.
2. Press and hold HRS arrow pads for approximately 5 seconds.
3. A double digit will display ranging from -35°F to 35°F.
4. Immediately, press either:
 - HRS+ to increase oven temperature by 5°F
 - HRS - to decrease oven temperature by 5°F
 - When temperature is adjusted to a cooler setting, a minus sign (-) will display with the offset temperature.
5. When desired temperature change is displayed, release control and change will be automatically saved after a few seconds. Control will return to time of day display.

F-code	Possible Meaning
F2	Oven cavity over temperature
F3	Open circuit in oven temperature sensor circuit
F4	Shorted circuit in oven temperature sensor circuit
FFF	Control failure

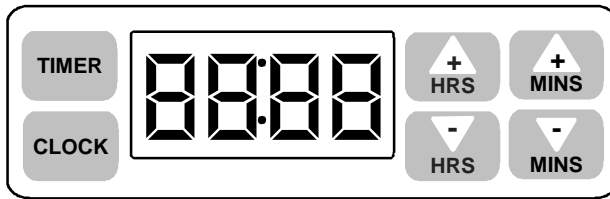


Service codes and tones

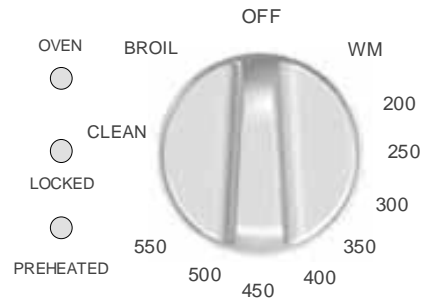
Electronic oven control is equipped with a self-diagnostic system. Self-diagnostic system alerts you if there is an error or problem with the unit. If the electronic range control sounds a series of short, rapid beeps for over 16 seconds and the display shows an F-code, record the F-code shown. Some F-codes can be cleared by disconnecting power to the range. If the code continues to reoccur disconnect electrical supply to range and contact an authorized servicer.

Using the Oven Control

OVEN LIGHT



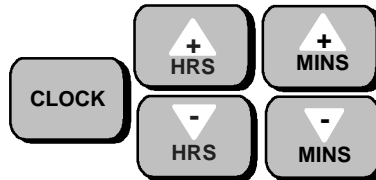
SURFACE



Setting Electronic Clock

Electronic clock has 3 modes—Clock displayed, set clock (display flashes), and clock not displayed. Press CLOCK pad to advance through these modes. The 12 hour clock does not display AM, PM or military time. When power is connected or restored, display flashes until pad is pressed or temperature knob is turned.

1. Press CLOCK pad.
2. Press Δ or ∇ pads until correct time-of-day displays.
3. Press CLOCK pad to set time.
 - If CLOCK pad is not pressed, approximately 60 seconds after last entry, **TIME** disappears and clock is set.



Flashing Display

When power is connected or interrupted, oven display flashes. Press CLOCK to reset display. Clock may need to be reset.

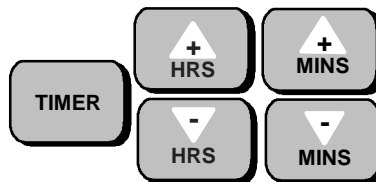
Making the Numbers Increase at a Faster Rate

Time increases in larger increments the longer the Δ or ∇ pad is held.

Setting Minute Timer

The timer is a timer only. Electronic timer does not control bake, broil or self-clean function. Timer can be set up to 11 hours and 59 minutes.

1. Press TIMER pad.
2. Press Δ or ∇ pad until desired amount of time displays.
 - Timer begins counting down automatically after time is entered.
 - To view clock while timer counts down, press CLOCK pad. To view timer again, press TIMER pad.
3. Press and hold TIMER pad to cancel timer signal.
 - After time elapses, timer beeps approximately once a second until TIMER pad is pressed.



Resetting and Canceling Timer

To reset the time when remaining time is displayed, press TIMER pad, then Δ or ∇ pad until new time displays. To cancel timer when remaining time is displayed or when signal is beeping, press TIMER pad.

Timer Signal

When time elapses, timer beeps until TIMER pad is pressed.

Preheat Signal

After setting oven to bake and selecting a temperature, oven preheats. When oven reaches set temperature, signal sounds six times. The preheat light will remain on with the oven light while the oven is on.

Using the Oven Control (cont'd)



WARNING

To avoid risk of personal injury, property damage or fire, do not line oven bottom, racks, or broiler pan and grid with aluminum foil.



WARNING

To avoid risk of personal injury, property damage or fire, never leave oven unattended while broiling.

Preheating

In most cases, you should preheat the oven before baking. After the range control is set, the oven temperature will begin to rise until the desired cooking temperature is reached. When cooking temperature is reached oven signal beeps 6 times. For delicate baking, preheat approximately 15–20 minutes before placing food inside oven or wait 10 minutes after oven signal beeps before placing food in oven. The extra time creates a more stable oven temperature.

How High or Low Can I Set the Temperature?

Oven bake temperature can be set from warm to 550°F. Some minor smoking is normal when using oven for first time.

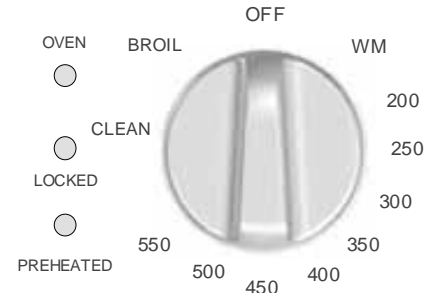
The Oven Won't Heat

DO NOT lock the self-clean latch when preheating or after placing food in the oven. This will result in the oven not heating, or in a hot oven being locked until the oven cools down enough to open the latch. To resume normal function shut off the oven and move latch to the unlocked position. Oven may need to cool before resuming normal function.

Baking

While oven is still cool, remove any stored items from the oven cavity. Place racks in desired position and close oven door.

1. Turn oven temperature knob to desired temperature. Oven indicator light will turn on and stay on.
2. PREHEATED light will turn on when oven has reached desired temperature and oven beeps 6 times. This light will remain on until temperature control knob is turned to OFF.
3. Open door carefully and place food in oven. **DO NOT** lock door with the self-clean lever.
4. After cooking time elapses, remove food and turn oven temperature knob to OFF.

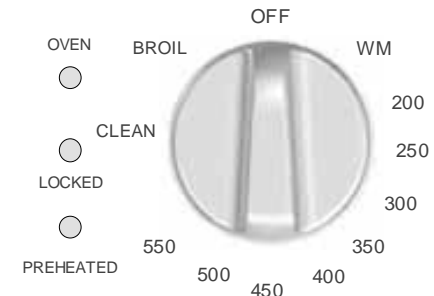


Broiling

Broiling system generates immediate, intense heat using a special reflector. This reflector focuses heat directly on the food; searing in natural juices and providing restaurant quality, charbroiled flavor.

To broil, center food on broiling grid and pan and place on proper rack in oven. Do not place aluminum foil over broiling pan, oven rack or oven bottom. Oven door may be opened to the first stop position or fully closed. Broiling does not require preheating so you can place food in oven while it is still cool.

1. Turn oven temperature knob to BROIL. Oven indicator light will turn on and remain on until knob is turned to OFF.
2. Close oven door to desired position. **DO NOT** move lever to lock position.
3. After broiling, remove food and turn oven temperature knob to OFF.



Broiling Hints

- Remove excess fat from meat before broiling. Cut edges of meat to prevent curling.
- Place food on a cold ungreased broiling pan. If pan is hot, food sticks.
- All food except fish should be turned at least one time. Begin broiling with skin side down.
- Season meat after it has browned.
- Broiling does not require preheating.
- Begin cooking using suggested rack levels in *Broiling* section to test broiler results. If food is not brown enough, cook on a higher rack position. If food is too brown, cook on a lower rack position.

Using the Oven Control (cont'd)

Self-cleaning

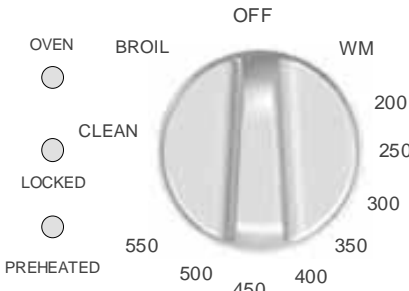
Self-clean feature uses high oven temperature to clean oven interior. For the oven to operate through a complete self-clean cycle, the self-clean must be set when the oven is cool.

1. Prepare oven for self-cleaning (see below right).

2. With door closed, move oven door lever, located above oven door, to the right. This moves the lever to the LOCKED position.

3. Turn oven temperature knob to CLEAN position.

- If oven temperature knob is set before oven door lever is moved, LOCKED light flashes. Move oven door lever to locked position.
- Once cycle begins, both LOCKED and OVEN indicator lights will be on and remain on until the end of the cycle.
- At the end of self-clean cycle, OVEN and LOCKED indicator lights flash. This indicates the oven is cool enough for the door to be unlocked. Oven cavity may still be hot to the touch. Turn temperature knob to OFF position and move oven door lever to unlocked position. **DO NOT** attempt to unlock door prior to OVEN and LOCKED indicator lights flashing.



CAUTION

- To avoid fire or smoke damage,
- remove any flammable materials from storage drawer. Items like plastic containers and paper manuals can melt or burn.
 - clean excess spills before starting Self Clean.

WARNING

To avoid risk of personal injury, do not touch oven vents, or area around vents, during self-cleaning. These areas can become hot enough to cause burns.

Interrupt Self-Clean Cycle

To stop a self-clean cycle that has already started follow these steps. If the interruption occurs mid cycle, the oven will remain locked, even though the cycle has been stopped, until the oven cavity has cooled to a safe temperature.

1. Turn oven temperature knob to OFF position.
2. When oven has cooled to a safe temperature, LOCKED light flashes. Door will unlock and can be opened. **DO NOT** force lock or door. This can cause damage to the latch.

How Long Should the Self-Clean Cycle Last?

The self-clean cycle lasts a total of four hours with a 1/2 hour cool down. After the self-clean cycle ends, the oven must cool before the oven door can be opened. When the LOCKED light no longer glows you can safely open the oven door. **DO NOT** force the oven lock or door open while the LOCKED light shows. The oven door lock can be damaged.

Do I need to prepare?

To get the best results from the self-clean cycle, follow these steps:

- Clean excess spills from oven interior.
- **Remove birds or animals susceptible to smoke or other fumes from the room or adjoining room.**
- Make sure oven light cover is properly in place. Do not use cleaning cycle if it is not.
- Remove oven racks and all cooking utensils from oven.
- Remove items from range top and backguard. These areas can become hot during self-cleaning cycle.
- The range vents from the right rear element. Make sure this is unobstructed by removing all items from range top.

Cooking

Baking Guidelines

When baking with a new oven, keep in mind temperatures vary from oven to oven. Store-bought thermometers are generally not accurate and should not be used to calibrate oven temperatures.

Hints for Cookies,

- Shiny, flat cookie sheets should be used. Avoid cookie pans with high sides—this will cause uneven browning on the top.
- Cookie sheet should not touch the sides of the oven or door.

Cakes,

- Follow recipe's directions for pan size. Shiny pans work best for cakes.
- Cake baked in too large a pan will be thin and dry. Too small a pan will be undercooked or unevenly cooked and may spill.

Pies

- Pies should be baked in dark or dull pans to increase browning.
- Frozen pies should be heated on an aluminum cookie sheet.

BAKING TIME GUIDELINES

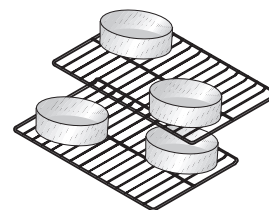
Cake Pan Type	Pan size	Cups of batter	Oven Temp.	Minutes
Oval	7 ¾" x 5 ¾"	2 ½	350°F	25 to 30
	13" x 9 ¾"	8	350°F	25 to 30
Round, 2" layer	6"	2	350°F	25 to 30
	8"	3	350°F	30 to 35
	14"	10	350°F	50 to 55
Round, 3" layer	8"	5	325°F	60 to 65
	12"	11	325°F	75 to 80
Half Round, 2" layer	18"	9	325°F	60 to 65
Half Round, 3" layer	18"	12	325°F	60 to 65
Square	6"	2	350°F	25 to 30
	10"	6	350°F	35 to 40
	16"	15 1/2	350°F	45 to 50

BAKEWARE GUIDELINES

Dark or dull pans	Absorb more heat and result in darker browning. Recommended for pies and breads.
Shiny pans (no sides)	Recommended for cookies.
Shiny pans (sides)	Recommended for cakes
Glass pans	Lower recommended oven temperature by 25°F.

Bake Pan Placement

- Keep pans and baking sheets 2 inches from oven walls.
- Stagger pans placed on different racks so one is not directly over the other.



Common Baking Problems

If you begin to notice consistent problems refer to the chart below for possible solutions. If results are still poor, contact Amana Consumer Affairs at (800) 843-0304. Ingredients should be at ambient temperature prior to baking.

Problem	Cause
Lopsided cakes (bake unevenly)	Pans touching each other or oven walls. Batter spread unevenly in pan. Uneven heat distribution in oven. Oven is not level.
Cakes, cookies, biscuits too brown on bottom or top	Oven not preheated. Pans touching each other or oven walls. Using glass, darkened, warped or dull finish metal pans. Rack position too high or low. Incorrect use of aluminum foil. Oven temperature too high.
Pies don't brown	Incorrect rack position. Using shiny metal pans. Temperature set too low.
Cakes not done in center	Temperature too high. Pan too small. Baking time too short. Pan not centered in oven.
Cakes fall	Too much shortening or sugar. Too much or too little liquid. Temperature too low. Old or too little baking powder. Pan too small. Oven door opened frequently (peeking). Insufficient baking.
Excessive shrinkage	Too little leavening. Mixing batter too long. Pan too large. Oven temperature too high. Baking time too long.
Cakes high in middle or cracked	Temperature set too high. Overmixing. Too much flour. Pans touching each other or oven walls.

Test your cakes for doneness
While they are still in the oven. Because of variances across individual ovens, it is best to test for the proper consistency rather than solely relying on time and visual appearance as an indicator.

It may not be the oven
Cake problems may be in the mixing of the batter. Overbeating can cause cake structure to break down and excessive shrinkage of the cake. Underbeating can result in lumpy cakes that may not be cooked thoroughly. All ingredients should be at room temperature—not out of the refrigerator. Make sure to follow the recipes directions for how long the batter should be mixed.

Cake stuck?
Allow cake to cool in cake pan on a rack for 10 minutes before removing. Larger cakes (over 14 inches in diameter) may take 15 minutes. If the cake has cooled too long, reheat in the oven at 250°F for a few minutes.

Cooking (cont'd)

Meat Basics

While cooking has always been a talent, it is now becoming a science, also. Amana provides this information as a guide to aid in preparation. For specific questions regarding meat preparation, handling, or storage contact **USDA Meat & Poultry Hotline at (800) 535-4555**.

Handling Hints

- When shopping, put meat in its own separate plastic sack to keep drips off other foods.
- Defrost frozen meats in refrigerator, not at room temperature.
- Keep meat cool and covered until it is time to cook.
- Wash hands with warm soapy water before and after handling meat or raw egg.
- Thoroughly wash any surface or utensil raw meat or egg touched.
- Do not put cooked meat on the same plate that held raw meat.

Cooking Tips

- Marinate meat in the refrigerator. Throw out excess marinade that came into contact with meat.
- Use an oven-proof meat thermometer.
- Cook meat to internal temperature recommended by USDA.
- When reheating foods, heat to an internal temperature of at least 165 °F.
- While cooking meats, turn over at least once.

Storage Safety

- Once carved, refrigerate unused portion immediately.
- Keep hot foods hot and cold foods cold when serving meals.
- Separate cooked foods into small portions for fast cooling.
- Do not store cooked ground meats or meals containing ground meats for longer than 3 to 4 days in the refrigerator.
- Do not allow cooked or uncooked meat juices to come into contact with ready-to-eat foods such as fruits or vegetables.

Tenderizing

Braising is only one way to tenderize less tender cuts. Before cooking, you may pound, cube, marinate, or use commercially prepared meat tenderizers. You may then use a dry method to cook the meat.

- **Marinades** are acidic liquids such as wine, citrus, or vinegar. Marinades soften meat fibers but only penetrate about one-fourth of an inch into the interior of the meat. Do not marinate meat for longer than 24 hours.
- **Pounding** with a heavy meat mallet breaks down the connective tissue to tenderize meat.
- **Cubing** breaks down the structure more than pounding. Cubing is done at the meat counter.
- **Commercial tenderizers** are primarily enzymes that work on the outer fourth inch on a meat cut. Make sure to follow the manufacturer's directions.

Using a Meat Thermometer

When using a meat thermometer, remember to insert it at a slight angle, in the thickest part of the meat, away from fat and bone. The meat should be removed when 5°F below the desired final temperature. While the meat sits before carving, it will continue to cook internally, raising the last 5°F by itself.

A meat thermometer can

- Take the guesswork out of cooking to a desired 'doneness'.
- Help reduce the risk of foodborne illness.

Oven-safe Thermometer

- Inserted before the meat is placed in the oven, this thermometer stays with the meat while it cooks.
- The internal temperature will rise slowly as the meat cooks.

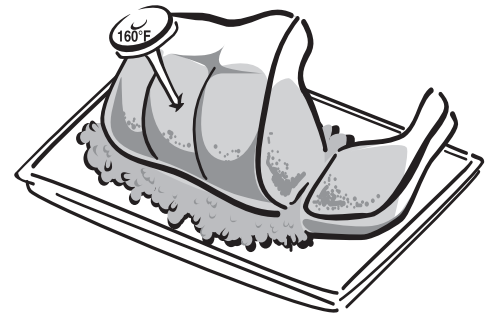
Instant-read Thermometer

- Not oven safe, these thermometers are placed in the meat when it is removed from the oven.
- While times may vary, an accurate temperature is normally displayed within one to two minutes.
- When using an instant-read, remember to clean the thermometer stem with warm, soapy water between readings.

Broiling Guidelines

Broiling is a dry heat cooking method that allows a restaurant quality charbroiled flavor. Meat is exposed directly to the heating element at high temperatures.

1. Place meat on rack in broiler pan, with the surface of cuts the specified distance from the heating element (specified below).
2. Broil for half the recommended time, or until the surface is browned.
3. Turn meat and continue broiling to desired internal temperature.
4. Season, if desired.



Meat Cut	Recommended Internal Temperature	Thickness (inches)	Weight (pounds)	Distance From Heat (inches)	Approximate Cooking Time (minutes)
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BEEF

Meat Cut	Recommended Internal Temperature	Thickness (inches)	Weight (pounds)	Distance From Heat (inches)	Approximate Cooking Time (minutes)
Chuck Shoulder Steak		¼	¼ to 1	2 to 3	12 to 14
		1	1 to 1 ¼	3 to 4	8 to 12
Rib Eye Steak	Very Rare 130°F	¾	½	2 to 3	8 to 12
		1	½ to ¾	3 to 4	10 to 15
		1 ½	¾ to 1	4 to 5	20 to 25
Sirloin Steak	Medium Rare 145°F	¾	1 to 1 ¾	2 to 3	10 to 15
		1	1 ½ to 3	3 to 4	16 to 21
		1 ½	2 ¼ to 4	4 to 5	21 to 25
Porterhouse Steak	Well Done 170°F	¾	¾ to 1	2 to 3	8 to 12
		1	1 ½ to 2	3 to 4	10 to 15
Porterhouse Steak	Very Well Done 180°F	1 ½	2 to 3	4 to 5	20 to 25
Filet Mignon (Tenderloin)		—	¼ to ½	2 to 4	10 to 15
Flank Steak		—	1 to 1 ½	2 to 3	12 to 14
Ground Beef Patties	160°F minimum	¾ to 1	1	3 to 4	10 to 15

PORK

Meat Cut	Recommended Internal Temperature	Thickness (inches)	Weight (pounds)	Distance From Heat (inches)	Approximate Cooking Time (minutes)
Chops, bone in	All pork must be cooked to an internal temperature of at least 160°F to reduce the likelihood of Trichinosis. Failing to cook the meat to this temperature could result in personal injury or illness.	¾	—	4	6 to 8
Chops, boneless		¾	—	4	6 to 8
Tenderloin		—	½ to 1	4	15 to 25
Kabobs		1 inch cubes	—	4	10 to 20
Lean Ground Pork Patties		½	—	4	8 to 10

LAMB

Meat Cut	Recommended Internal Temperature	Thickness (inches)	Weight (pounds)	Distance From Heat (inches)	Approximate Cooking Time (minutes)
Loin Chops	Medium 160°F Well Done 170°F	1	—	3 to 4	10 to 15
Rib Chops		1	—	3 to 4	10 to 15
Sirloin Steaks		1	—	3 to 4	12 to 15
Top Round Steaks		1	—	3 to 4	12 to 15
Center Leg Steaks		1	—	3 to 4	15 to 20
Cubes for Kabobs		1 ¼ pieces	—	3 to 4	10 to 15
Lamb Patties		½ x 4 inches	¼ each	3 to 4	12

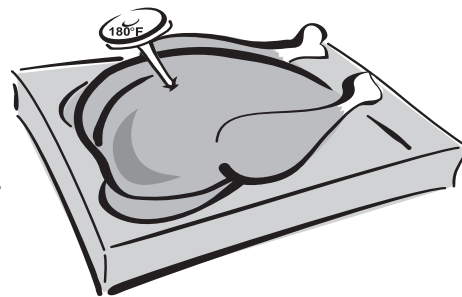
All times and recommended temperatures are provided by the USDA, the Beef Industry Council, the National Pork Producer's Council, and the American Sheep Industry Council.

Cooking (cont'd)

Roasting Guidelines

Tender cuts such as rib and loin cuts are best cooked by dry heat methods, such as roasting. To roast:

1. Heat oven to desired temperature.
2. Place roast directly from refrigerator fat side up in a shallow roasting pan.
3. Insert ovenproof meat thermometer so tip is centered in thickest part of roast. Make sure thermometer does not rest in fat or on bone.
4. Remove roast 5°F below desired degree of finished internal temperature.
5. Transfer roast to carving board and tent loosely with aluminum foil for approximately 15 minutes.



Meat Cut	Recommended Internal Temperature	Oven Temperature	Weight (pounds)	Approximate Cooking Time (minutes)
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BEEF

Boneless Rump Roast		325°F	4 to 6	25 to 30
Tip Roast	Very Rare 130°F	325°F	3 ½ to 4	30 to 40
Eye Round Roast	Rare 140°F	325°F	4 to 6	20 to 30
Tenderloin Roast	Medium Rare 145°F	425°F	2 to 3	35 to 45
	Medium 160°F		4 to 6	45 to 60
Rib Roast	Well Done 170°F	325°F	4 to 6	26 to 42
	Very Well Done 180°F		6 to 8	23 to 35
Rib Eye Roast		350°F	4 to 6	18 to 24

PORK

Loin Roast, bone-in	All pork must be cooked to an internal temperature of at least 160°F to reduce the likelihood of Trichinosis and other food-borne illnesses.	350°F	3 to 5	20 minutes per pound
Rib Roast, boneless		350°F	2 to 4	
Tenderloin		450°F	½ to 1	
Ham bone-in, cook-before-eating		325°F	7 to 8	

LAMB

Shoulder		325°F	3 ½ to 6	35 to 40
Rib Roast		375°F	1 ½ – 2 ½	30 to 35
Rib Crown Roast, not stuffed	Medium-Rare 150°F	375°F	2 to 3	25 to 30
	Medium 160°F			
Loin Roast	Well Done 170°F	325°F	1 ¼ to 1 ¾	45 to 55
Leg, Frenched Style or Half Shank		325°F	5 to 7	15 to 20
			7 to 9	20 to 25

POULTRY (unstuffed)

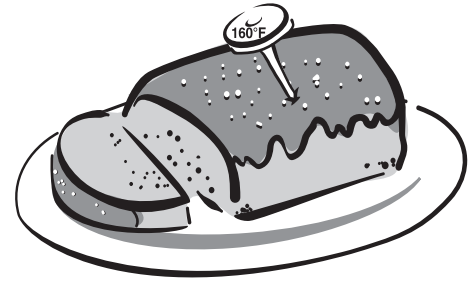
Capon	To reduce the risk of food-borne illnesses, poultry must be cooked to an internal temperature of 180°F.	325 to 350°F	4 to 8	20 to 30 min/lb.
Cornish Hens, whole		325 to 350°F	1 ¼ to 1 ½	50 to 60 total
Duck, whole		325 to 350°F	—	18-20 min/lb.
Goose, whole		325 to 350°F	—	20 to 25 min/lb.
Pheasant, whole		325 to 350°F	2	30 min/lb.
Quail, whole		325 to 350°F	—	20 minutes total
Turkey		325°F	8 to 16	3 ½ to 5 ½ hours

All times and recommended temperatures are provided by the USDA, the Beef Industry Council, the National Pork Producer's Council, and the American Sheep Industry Council.

Braising Guidelines

Less tender cuts such as those from the round, chuck, brisket and shank require moist cooking. A longer cooking time at lower temperatures with moisture helps soften the meat.

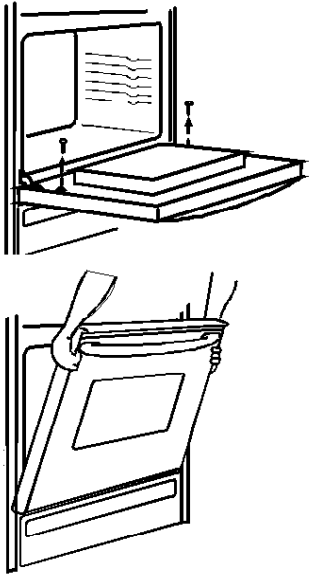
1. Brown meat with a small amount of oil in heavy pan.
2. Pour off excessive drippings, season, if desired.
3. Add small amount of liquid (1/2 to 2 cups) and cover tightly.
 - Simmer gently over low heat on top of the range or in a 325°F oven, until meat is fork tender.



Meat Cut	Recommended Internal Temperature	Oven Temperature	Weight (pounds) OR Thickness	Approximate Cooking Time (hours)
BEEF				
Blade Pot Roast	Meat should be cooked to a temperature of at least 160°F to reduce the likelihood of food-borne illnesses.	325°F	3 to 5	1 ½ to 2
Arm Pot Roast		325°F	3 to 5	2 to 3
Chuck Roast (boneless)		325°F	3 to 5	2 to 3
Short Ribs		325°F	2 inches x 2 inches x 4 inches thick	1 ½ to 2 ½
Round Steak		325°F	¾ to 1 inch thick	1 to 1 ½
Flank Steak		325°F	1 ½ to 2 inches thick	1 ½ to 2 ½
LAMB				
Shoulder Chops, Round Bone or Blade	Meat should be cooked to a temperature of at least 160°F to reduce the likelihood of food-borne illnesses.	325°F	1 inch thick	1 to 1 ¼
Riblets		325°F	3 pounds	1 ½ to 2
Shanks		325°F	3 pounds	1 to 1 ½
Stew Cubes		325°F	1 inch pieces 1 ¼ lbs.	1 ¼ to 1 ½

All times and recommended temperatures are provided by the USDA, the Beef Industry Council, the National Pork Producer's Council, and the American Sheep Industry Council.

Care and Cleaning



Removing Oven Door

1. Make sure oven is cool.
2. Open door fully.
3. Remove screw on each side of lower portion of oven door.
4. Close door to first stop (broiler position), grasp door firmly on each side, and lift upward until door is off hinges.
 - **Do not lift door by handle.** Glass can break.
 - If necessary, push hinges closed once oven door is removed. Use both hands when closing hinges. Hinges snap closed.

CAUTION

To avoid personal injury or property damage, handle oven door with care.

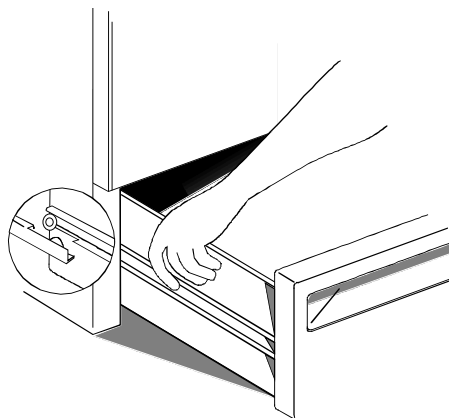
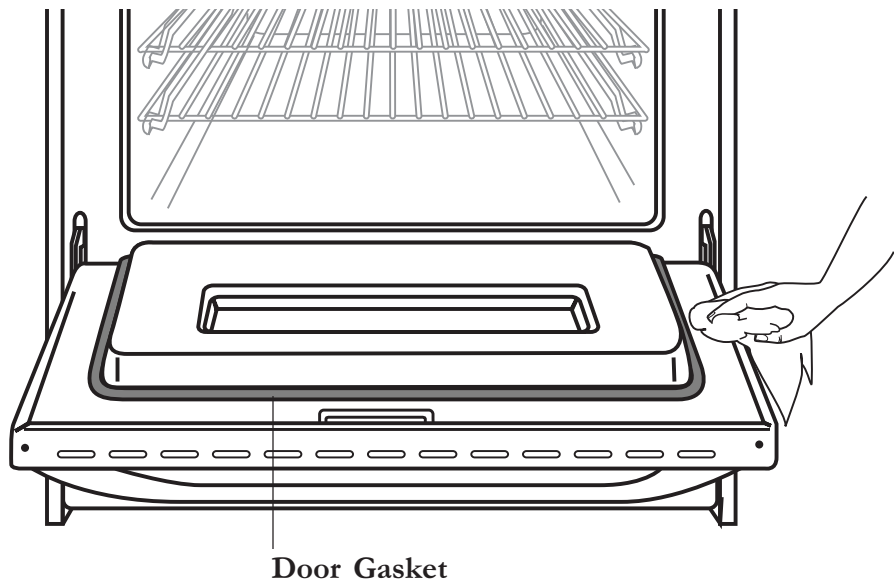
- Door is heavy and can be damaged if dropped.
- Avoid placing hands in hinge area when door is removed. Hinge can snap closed and pinch hands.
- Do not scratch or chip glass, or twist door. Glass may break suddenly.
- Replace door glass if damaged.
- Do not lift door by handle.

Cleaning Oven Door

Not all areas of the oven are cleaned by the self-clean cycle. The oven door gasket and the area surrounding the gasket will not be cleaned effectively by the self-clean cycle.

DO NOT clean the gasket. Do not wet, rub, soak or use any type of cleaning material to clean the oven gasket. Any damage or defect incurred from attempting to clean or remove the gasket is not covered by warranty.

To clean the area around the gasket make sure oven is cool to the touch. Using a cloth with a mild soap wipe area needing to be cleaned. Avoid gasket. Gasket should not be removed while cleaning. Do not allow water or cleaning solution to spill or drip onto gasket.



Removing Storage Drawer

1. Slide drawer out until it stops.
2. Remove stored items.
3. Grasp drawer sides near back of drawer.
4. Lift up and out. Reverse to reinstall.

Care and Cleaning (cont'd)



WARNING

To avoid risk of burns or electrical shock:

- disconnect electrical supply to oven before changing light bulb.
- before replacing light bulb make sure oven and bulb are cool.
- Do not operate oven without bulb and cover in place.

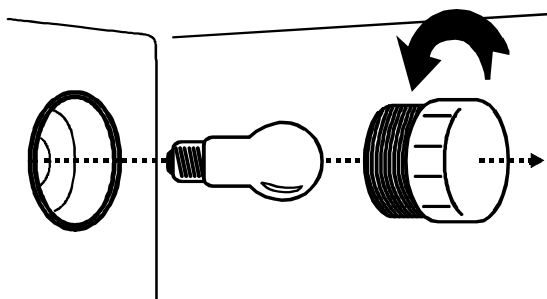
Replacing Oven Light

1. Disconnect electrical supply.
2. Remove oven door if desired.
3. While wearing protective gloves, unscrew light bulb cover located in rear of oven cavity.
Then turn light bulb counterclockwise to remove.
4. Replace light bulb with 120-volt, 40-watt appliance bulb.
Do not over tighten bulb or cover or they may be difficult to remove later.
5. Replace light bulb cover and oven door before use.
6. Reconnect power supply.

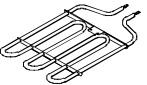



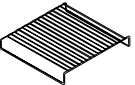



CAUTION

Wear gloves to protect hands from accidental bulb breakage.



To keep your range looking like new, Amana recommends routine cleaning. The following general instructions for routine and tough spot cleaning are based on the performance of Amana recommended products. To order these products, contact the Consumer Affairs department at **800-843-0304**.

PART	GENERAL DIRECTIONS
<p>Bake and broil element</p> 	<p>Do not clean bake element or broil element. Any soil will burn off when element is heated. Bake element is hinged and can be gently lifted approximately 3 inches to clean oven bottom. Do not force.</p>
<p>Broiler pan and grid</p> 	<p>Drain fat, cool pan and grid slightly. (Do not stand soiled pan and grid in oven to cool.) Sprinkle with soap. Fill the pan with warm water. Let pan and grid stand for a few minutes</p>
<p>Control knobs</p> 	<p>Pull off knobs. Wash gently with mild soap and water but do not soak. Dry and return knobs to range, making sure to match flat area on the knob to the flat area on the shaft.</p>
<p>Outside Finish and Surface Elements</p> 	<p>Wash all porcelain with cloth dampened in soapy water. Rinse and polish with a dry cloth. If knobs are removed, do not allow water to run down inside surface while cleaning.</p> <p>Do not clean surface elements. Coil elements will burn off soil when element is heated. Do not immerse elements in water.</p>
<p>Oven racks</p> 	<p>For heavy soil, place oven racks in large plastic bag with ammonia and water in cup. Seal tightly and allow to stand overnight. Wash and rinse, dry thoroughly.</p>
<p>Storage drawer</p> 	<p>For heavy soil, clean by hand and rinse thoroughly. Remove drawer for ease in cleaning. Be sure drawer is dry before replacing.</p>

Troubleshooting

You may save time and money by checking items below before calling for service. List includes common concerns that are not the result of defective workmanship or materials. If your question is not explained below, contact Amana Consumer Affairs Department at **800-843-0304**.

Topic **Possible Cause** **Solution**

OPERATION

Appliance not working	Power outage	Make sure appliance is plugged in. Verify that circuit breaker is not tripped. Replace household fuse but do not change fuse capacity.
Surface units not working- no power (coils)	Coils not plugged in	Turn control off. Make sure that the coils are properly connected to power source by removing and then firmly pushing coil into place.
Oven not working	Programming error	Shut off power to oven for five minutes by switching off circuit breaker. Reset circuit breaker and try oven again.
Clock and timer not working	Power outage	Make sure appliance is plugged in. Verify that circuit breaker is not tripped. Replace fuse but do not change fuse capacity.
Oven light not working	Loose bulb Burnt out bulb	Check for loose bulb. Tighten. Check for burnt out bulb. Replace if necessary with an appliance bulb. See Replacing Oven Light.
Self-clean not working	Door handle not locked	Lock oven door handle.
Oven door will not unlock	Oven is self-cleaning Oven still hot.	Allow cycle to complete. Will not unlatch until a cooler temperature has been reached. Do not force door or door latch open—will void warranty. May blow cooler air on latch with hair dryer at cool setting to quicken process.
Oven not clean after a self clean cycle	Too much soil, grime left in oven Soot in oven after cycle	Wipe out and remove excess soil prior to running self-clean cycle. Normal.
Locked light displayed	Door locked	If oven is hot, allow to cool rather than trying to force door latch open.
Display flashing	Power failure reset clock	Press CLOCK
F-(numeric) display	Service code	Shut off power to oven for two minutes by switching off circuit breaker. Reset breaker. If continues, contact service department.
Oven smokes the first few times used	Normal	Minor smoking is normal the first few times the oven is used.

COOKING

Food not baking properly	Various causes	See Cooking, Common Baking Problems
Food not roasting properly	Various causes	See Cooking, Roasting
Food not broiling properly	Various causes	See Cooking, Broiling
Oven temperature too hot or cold	Calibrate oven temperature	See Using the Oven Control, Oven Temperature Control Adjustment
Oven has strong odor	Normal	Ovens will have a 'new' odor. Run a self-clean cycle to remove the odor.
Not boiling or cooking fast enough	Improperly sized cooking utensils	Make sure pans fit heating elements. See Cookware Requirements.

NOISE

Frequent cycling off and on of oven.	Normal	To maintain a temperature for baking, the oven cycles on and off.
Cracking or popping sound	Normal	Wet cooking utensils or possible spillage.

Amana Warranty

Full ONE Year Warranty

Amana Appliances will repair or replace, including related labor and travel, any part (f.o.b. Amana Iowa) which proves defective as to workmanship or materials.

Limited Warranty

After one year from the date of original retail purchase, Amana will provide a free part, as listed below, to replace any part that fails due to a defect in materials or workmanship. The owner will be responsible for paying all other costs including labor, mileage, and transportation.

Second Year

Amana will provide replacement part, part only (f.o.b. Amana Iowa), which proves defective as to workmanship or materials.

Third through Fifth Year

Amana will provide replacement electric surface elements or gas surface burners, part only (f.o.b. Amana Iowa) which prove defective as to workmanship or materials.

What is not covered by these warranties

- Replacement of household fuses, resetting of circuit breakers, or correction to household wiring or plumbing.
- Normal product maintenance and cleaning, including light bulbs.
- Products with original serial numbers removed, altered, or not readily determined.
- Products purchased for commercial, industrial, rental, or leased use.
- Products located outside of the United States or Canada.
- Premium service charges, if the servicer is requested to perform service in addition to normal service or outside normal service hours or area.
- Adjustments after the first year.
- Repairs resulting from the following:
 - Improper installation, exhaust system, or maintenance.
 - Any modification, alteration, or adjustment not authorized by Amana.
 - Accident, misuse, abuse, fire, flood, or acts of nature.
 - Connections to improper electrical current, voltage supply, or gas supply.
 - Use of improper pans, containers, or accessories that cause damage to the product.

To Receive Warranty Service

Service must be performed by an authorized Amana service representative. To schedule service, contact the Amana dealer where you purchased your appliance or contact Amana Appliances Factory Service.

Amana Appliances Factory Service

1-800-628-5782 inside USA

For more information,

Amana Appliances Consumer Services

Amana Appliances

2800 220th Trail

Amana, Iowa 52204

1-800-843-0304 inside USA

(319) 622-5511 worldwide

When contacting Amana Appliances please include the following information:

- Your name, address, and telephone number.
- Model number and serial number of your appliance (found on upper left hand corner of storage drawer opening).
- The name and address of your dealer and the date of purchase.
- A clear description of the problem.
- Proof of purchase (sales receipt).

IN NO EVENT SHALL AMANA BE LIABLE FOR INCIDENTAL OR CONSEQUENTIAL DAMAGES.

This warranty gives you specific legal rights, and you may have others which vary from state to state. For example, some states do not allow the exclusion or limitation of incidental or consequential damages, so this exclusion may not apply to you.

Amana Appliances Online • <http://www.amana.com>